



Umatilla-Morrow Head Start, Inc.

110 N.E. 4th Street
Hermiston, OR 97838
(541) 564-6878 • Fax (541) 564-6879
1-800-559-5878

A HEAD START,
EARLY HEAD
START

AND
OREGON PRE-
KINDERGARTEN
PROGRAM
SERVING...

Umatilla
Morrow
Grant
Wallowa
Sherman
Wheeler
and Gilliam
Counties

A WIC PROGRAM
SERVING...

Umatilla,
Morrow
and Wheeler
Counties

A CHILD CARE
RESOURCE
REFERRAL
PROGRAM
SERVING...

Umatilla
And
Morrow
Counties

A FAMILY
SUPPORT &
CONNECTION
PROGRAM
SERVING...

Umatilla
and
Morrow
Counties

CASA PROGRAM

HEALTHY
START/HEALTHY
FAMILIES

A CAR SEAT
LOAN PROGRAM

Date: _____

Dear Parent/Guardian:

This notice is to inform you that RUBELLA (GERMAN MEASLES) has been diagnosed in a child at this Head Start Center. This condition is contagious; therefore, we would like you to watch for symptoms in your child. The symptoms are as follows:

MILD FEVER, SWOLLEN GLANDS AT BACK OF HEAD, ALONG NECK,
BEHIND EARS. MAY HAVE MILD UPPER RESPIRATORY INFECTION;
EYES TEARING, IRRITATED AND RED; HEADACHE, FATIGUE
(TIREDNESS), AND A PINKISH/RED RASH THAT STARTS AT FACE AND
SPREADS RAPIDLY TO TRUNK AND LIMBS AND FADES IN THREE DAYS.

If your child should develop one or more of these symptoms, please notify your child's health care provider and your child's teacher. Medical treatment should be carried out as recommended by your child's medical health care provider. A child diagnosed with Rubella can return to the classroom six days after onset of rash and symptoms are resolved. We are attempting to limit the spread of this illness/condition, and your cooperation is sincerely appreciated.

If you have any questions about this information, contact your child's teacher at the individual centers or the Head Start Health Services Director (541) 564-6878.

Thank you for your time and cooperation in this matter.

Sincerely,

Head Start Teacher

Amy Hendrix
Health Services Director

UMCHS RVS 1/27/2010 RUBELLA.EXC

